

2023 NHIRI/NSA Symposium

*Supporting healthy ageing;
future challenges and
opportunities*



The Nutrition & Health Innovation Research Institute (NHIRI) and The Nutrition Society of Australia (NSA) Perth group are pleased to invite students, researchers and other health professionals for the 2023 joint symposium



Presentation title

Using behaviour change techniques to improve patient outcomes

Guest speaker: Prof Barbara Mullan is a Professor of Health Psychology at Curtin University. She graduated in 1998 with a PhD in Psychology from the Open University, UK. She started her academic career in Birmingham University where she also became a Registered Practitioner Psychologist (Health Psychology) with the Health & Care Professions Council. She was employed next by the University of Sydney and she moved to Curtin University in November 2013 as a research academic. She has more than 220 peer reviewed papers, a H Index of 61 and more than 11000 citations. The majority of her research is focused on designing innovative theory-based interventions to change behaviour (particularly safe food handling, improved sleep and food behaviours), as well as health behaviours in populations with chronic illnesses including diabetes and cancer.

Abstracts close: 5 pm on the 22nd September 2023

Registrations close: 5 pm on the 16th November 2023

Please register for the event [here](#) or scan the QR code (free).

Access the [abstract guidelines](#) and the [abstract submission form](#).



SCAN ME



Joondalup Resort
(Grand Ballroom)
Joondalup



17th November 2023

8.00 am - Registration/network/coffee

8.30 am - Event starts

1.00 pm - Event close



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